

AUSTRALIAN

WOOLWORTHS

www.parents.com.au

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# Parents

**THE TOOTH TRUTH**  
Teething and your  
baby's dental health

**THINGS THAT GO**  
**"MUM!" IN THE NIGHT**

When's the **best time**  
to **introduce** solids?

Healthy versions  
of fast-food faves

**DUE-DATE BLUES**  
How to get over it  
when you go over

The first  
**6 weeks**  
(a survival guide)



- Laughter, pain and IVF
- What it means to be a dad

# reporter



## The breast advice

If you're struggling with breastfeeding you're not alone. As thousands of mums will tell you – it doesn't always come naturally. So, if you're looking for friendly, non-judgemental support from others who are going through the same thing, try logging onto the network at Mum Knows Breast, <http://mumknowsbreast.mumspace.net/blog>

## Gentle care for tender skin

This range by Babies Only was developed with the help of a paediatric herbalist. The products are made with high grade essential oils and cost from RRP\$17.95 to \$48 from selected David Jones outlets nationally. For more information phone (03) 5348 2464.



## Are you ready to

Great children's parties are the best way to create many beautiful memories, but they can also be a lot of organising. You can cut down on the stress of ordering a themed party kit from Partyo. Items above are from the Cameo pack. There are lots to choose from and you can pick the perfect party for your boy or girl. Packs include party costumes for the guest of honour. Visit the website at [www.partyo.com.au](http://www.partyo.com.au) for pricing details and more info.

## The Rennie A to Z of pregnancy



Milk is one source of calcium, Rennie is another.

**Nesting** – you'll be doing a lot of this just before the baby arrives.

**Overactive bladder** – everything's getting bigger, but your bladder isn't.

**Planned** – even if your pregnancy wasn't, you'll be planning.

**Quads** – count yourself lucky, only one set was born in Australia in 2004.

**Rupert** – Rory, Richard, Rachel (how do I choose just one?)

**Sex** – believe it or not you will want to have it again.

**Time** – you'll have a lot less when baby arrives.

**U** – u wish men could become pregnant.

**Vasectomy** – make an appointment for your partner.

**Wisdom** – mothers are a good source.

**Xtra** – fast heartburn relief comes with a packet of Xtra.

**Yikes** – is having the baby going to hurt?

**Zoo** – sorry, your house is about to turn into one.

[www.RennieRelief.com.au](http://www.RennieRelief.com.au)

