

★ ★ AUSTRALIA'S NO.1 PARENTING MAGAZINE

A U S T R A L I A N

Mother & Baby

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motherandbaby.com.au

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LONELY MUM SYNDROME

How to make friends and stay sane

"I GAVE BIRTH IN THE FAMILY SPA"

Plus more amazing birth stories

How to: **GET YOUR BODY READY FOR ANOTHER BABY**

7 CAESAREAN MYTHS BUSTED!

Holiday with kids

BONUS HOLIDAY VOUCHERS FOR EVERY READER

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SIZE F

Meet mums of

48 DIY N
GREA

an **emap** magazine



● STRESS-FREE GETAWAYS
● BEST KIDS CLUBS

* All the newest funky products for you and your baby

shop centre

Crafty critters

It is often hard to find a toy crazy and quirky enough to match your bub's bursting personality but now you can with Dangling! Full of character, these large soft toys make the perfect companion - and junior won't be able to resist their funky patchwork appearance. Grab one now for \$69.95.



Smooth a

NEW ORGANIC SKINCARE FOR BABIES ONLY HAS BEEN DEVELOPED WITH THE HELP OF AN AROMATHERAPIST AND HERBALIST. WITH STARTING AT \$19.95, IT'S A THING TO BE ENVIED.



Young at art

Nurture your child's creative side from birth with online gallery and shop Kindergallery. Transform your little one's nursery with one of these fun, modern artworks, all of which have been hand-picked for their attention to detail and bright colours. The kids will be sure to love them for years to come!



Stylish staples

Bonds is the must-have staple of every Aussie baby's wardrobe - and with nothing over \$26.95, and all of it made from comfy cotton, it's not hard to see why. But Bonds isn't just all growsuits and singlets: check out their now summer styles in colours every fashionable



Rock 'n' roll

Give your bub the true celeb treatment with a Rock Star Baby stroller, designed by none other than Jon Bon Jovi and Tico Torres. Perfect for families who